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2. You should understand that when participating in any exercise or exercise program, there is the possibility of physical injury. If you engage in this exercise or exercise program, you agree that you do so at your own risk, are voluntarily participating in these activities, assume all risk of injury to yourself, and agree to release and discharge Bump into Fitness Trainer from any and all claims or causes of action, known or unknown, arising out of Bump into Fitness Trainer.
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1. I (Jen Morgan) am not a doctor. The information I provide is based on my personal experience, studies of nutrition and my experience as a Personal Trainer.
2. The information contained in our website, blog, guest blogs, e-mails, programs, services and/or products is for educational and informational purposes only and is made available to you as self-help tools for your own use. While we draw on our prior professional expertise and background in many areas, you acknowledge that we are supporting you in our roles exclusively as fitness coaches only. We provide information concerning, but not limited to, nutrition and fitness.
3. We are not medical health practitioners or mental health providers and we are not holding ourselves out to be in any capacity. Rather, we serve as coaches, mentors and guides who help you reach your own health and wellness goals.



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4. There is no assurance that examples of past fitness, and/or fat burning results can be duplicated in the future. We cannot guarantee your future results and/or success. Nor can we guarantee that you maintain the results you experience if you do not continue following the program. We are not responsible for your actions.

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6. The testimonials, examples, and photos used are of actual clients and results they personally achieved. Each client has approved these testimonials, examples, and photos for use in materials to speak to our program, service, and/or product capabilities, but they are not intended to represent or guarantee that current or future clients will achieve the same or similar results. Rather, these client stories represent what is possible with our programs, services, and/or products.

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